

**Mooseheads
sneak
out
big
win**



**Teri didn't
want to
be the
crazy cat
lady**



City keeping an eye on budget, says Mayor Kelly

PAUL MCLEOD
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FUNDING If the 2011 Canada Games go over budget, Halifax will be stuck with the bill. But organizers are optimistic that won't happen.

Currently, organizers are projecting a balanced budget — \$46 million in revenue and \$46 million in expenses. But that relies on \$8 million in sponsorship and a further \$1 million in ticket sales.

There is only \$650,000 in sponsorship money committed so far. But organizers say everything is on track for a balanced budget.

Mayor Peter Kelly said the city will be watching the budget closely.

"The indications right now are that things are going to plan," said Kelly.

"We are mindful that these are a bit more challenging times ... but we're optimistic that we'll achieve those goals."

Sporting events are notoriously prone to going over budget. Both the Vancouver 2010 and London 2012 Olympics are coping with massive cost overruns. Organizers say there hasn't been a Canada Games deficit in recent memory.

HRM has kicked in about \$9 million so far. The provincial and federal governments also fund the Games.

Health pg 10



**Tummy tucks
on the rise**

Comments pg 5

**Tide turns
on Harper**

\$4,210,000



\$892,000

Left: Students wait for their turn to snowboard at Ski Martock. Ski Martock will host snowboarding, cross-country skiing and biathlon events in the 2011 Canada Winter Games and is receiving \$4.21 million for upgrades to the ski hill, trails and snowmaking equipment. Ski Wentworth is getting more than \$3.18 million for upgrades and will host alpine and freestyle skiing during the 2011 Games. Above: The Halifax Forum will host boxing in 2011 and will get more than \$892,000 for improvements to the dressing rooms and the concourse.

Who got what?

• Ski Wentworth	\$3.18 million
• Ski Martock	\$4.21 million
• Dartmouth Sportsplex	\$455,000
• Cole Harbour Place	\$336,000
• St. Margaret's Centre	\$932,000
• Halifax Forum	\$892,000
• Mainland Common Centre	\$1 million
• Mayflower Curling Club	\$86,000
• Saint Mary's University	\$215,000
• Halifax Commons Oval	\$696,000
• Sports equipment	\$700,000

Cashing in on Games

Venues get \$15 million in upgrade funding

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Sports facilities were skiing, skating and swimming all the way to the bank yesterday.

The 2011 Canada Winter Games committee announced where it would be doling out \$15 million of capital funding for the Halifax games.

Ski hills were the biggest winners. Ski Martock and Ski Wentworth got \$4.21 million and \$3.18 million, respectively. That'll go toward new snow-making equipment, improved

trails, moguls and a super half-pipe. Hills will be able to make snow about twice as fast as they currently can for the Games, and the years afterward.

"You can open more (runs) earlier. And that's really what's required for games like these," said Martock operations manager Andy MacLean.

"It means we're going to produce and provide a lot more for our athletes."

Other big winners included the Mainland Common Centre, which will host gymnastic events; the Halifax Forum, which will host boxing; and the St.

"Hosting the Games is an opportunity to showcase the beauty, talent and culture of Nova Scotia. These Games will leave behind a rich legacy of sports facilities and enhance sports programming."

Health Promotion Minister Pat Dunn

Margaret's Centre, which got money to extend its rink to Olympic-size, for speed and figure skating.

The funding is just part of the 2011 Games' total \$46 million budget, and comes from all three levels of government.

The event will also need to raise about \$11 million

of its own money through sponsorship, merchandise and ticket sales.

"Hosting the Games is an opportunity to showcase the beauty, talent and culture of Nova Scotia," said Health Promotion and Protection Minister Pat Dunn.

"These Games will leave

behind a rich legacy of sports facilities and enhance sports programming. The upgrades to the ski hills alone will allow Nova Scotia to see ski events they have never seen before."

The Games will also require about 5,000 volunteers, the most ever for a Nova Scotia sporting event.

Halifax lacks a long-track speedskating arena, so a temporary one will be built on the Halifax Commons at a cost of \$696,000.

ShareYourViews

halifaxletters@metronews.ca

Three rotten rodents predicted another six weeks of winter yesterday. Nova Scotia's Shubenacadie Sam was the first to see his shadow, followed by Wiarton Willie in Ontario and Punxsutawney Phil in Gobbler's Knob, Pa. **METRO HALIFAX**

Local



Atlantic drivers paying more: Think-tank

Gas price regulation is costing drivers more, says the Atlantic Institute for Market Studies. The think-tank says Nova Scotians have paid \$17.8 million more at the pumps since regulation started July 1, 2006. New Brunswickers have paid \$9.4 million more, while drivers on the Rock have paid an extra \$65.2 million since 2001. **METRO HALIFAX**

News in brief

SOCIAL INVESTMENT The province is putting nearly \$440,000 into seniors' programs across the province. In Halifax, Northwood Community Centre will get \$6,075 toward a French cultural and heritage exchange, a drumming circle and creative writing programs. The North End Walkers will get \$4,192 to encourage seniors' walking programs, and B.L.T. Rails to Trails will get nearly \$9,000 for a Nordic walking program for seniors.

REVIEW NDP MLA Vicki Conrad says the province should immediately review motor vehicle inspection rules to make sure they're fair. In February 2007, the province hiked the fees and put in new penalties for mechanics who didn't comply with regulations. Some have complained the province penalizes mechanics who don't come up with a laundry list of expensive repairs each year.

ROCK ON Looks like Kiss is coming to Halifax. As Metro first told you in November, the band featuring reality TV star Gene Simmons is planning a Halifax stop this summer.

Ads for the concert have been running for a month. The official announcement comes today.

AIRPORT Atlantic airport officials say they're disappointed they didn't get a share of the federal budget's infrastructure spending. Monette Connaughton, head of the Atlantic Canada Airports Association, said 13 airports in the region submitted a total of 22 projects for consideration, and all were ignored. Connaughton was, however, pleased to see an extra \$500 million for tourism, and increased airport security funding.

METRO HALIFAX



Gene Simmons

metronews.ca
What's online today.

Your Money Allan Small on worries and opportunities in the banking sector at metronews.ca/investing
Video Students defy odds by making contact with space station for school project at metro.news.ca/canada



Economy struggling: Chamber

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The Halifax Chamber of Commerce has judged the city's growth plan and the final grade is in – one red light.

According to the chamber's traffic light-based grading system, that's bad.

Struggles in population growth, branding and business confidence are some of the factors hurting Halifax, according to the chamber's annual scorecard, released yesterday.

"This past year was not as great as we would like for Halifax," said president Valerie Payn.

"In the grand scheme of things, it means that overall we're off target and doing worse than we have

the last two years."

The scorecard sizes Halifax up in a number of areas to see if it's meeting its economic strategy goals. Other things hurting Halifax were low university admissions, average income, and the struggling port.

But deeper down, there was good news.

Many of the negative grades came from things outside of Halifax's control. When it came to local issues, the city got a green light. That's good.

Positives included a falling crime rate, well-run airport and a growing tax base.

Payn said Halifax, like all

cities, is hurt by the recession. But there has been progress.

"There have been some very good improvements we can see," she said. "HRMbyDesign, for example."

But it's questionable whether the scorecard's message is being heard. Numerous city councilors attended the release event, but provincially there were only two opposition MLAs, and no one from the federal level.

"Yes," scorecard lead-author Bill Black said bluntly when asked if he was disappointed by the lack of political turnout.

"This past year was not as great as we would like for Halifax."

Valerie Payn



Halifax Chamber of Commerce president Valerie Payn speaks yesterday. The chamber says Halifax's economy isn't doing so well, although much of that is due to the global economic downturn.

Boudreau's former beau speaks out

JENNIFER TAPLIN
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Penny Boudreau's former boyfriend spoke to the media for the first time last night.

Vernon Macumber told CTV news he still feels guilty over the death of 12-year-old Karissa Boudreau. Her mother, Penny Boudreau, pleaded guilty to second-degree murder and was sentenced to life in prison Friday.

Court was told Boudreau strangled her daughter to save her relationship with Macumber, who was cleared of any wrongdoing.

"It just was avoidable. It shouldn't have happened," he told CTV.

He said he didn't give Boudreau an ultimatum — Karissa or him — but rather told her to do something about the constant arguments the

two were having. Macumber said he'd hoped they would go to a counsellor.

Instead, Boudreau strangled her daughter with twine and dumped her body on the banks of the LeHave River. She told Macumber she was going to have a talk with Karissa that day and that the girl bolted from the car.

"I feel guilty sometimes and if I just insisted to go, she would have been OK, right? I had no idea it would be the last time I see her."

He said he stuck with Boudreau at first because he believed her when she told him she didn't do anything. The family, including Macumber, held a news conference begging Karissa to come home.

"It was a horrible nightmare, like a bad dream unfolding. I had to be there for the rest of the family, but I

felt like the eyes are on you."

Soon after Karissa's body was discovered, Macumber felt "something wasn't right" and he told police that. "It wasn't like how a normal grieving person should be acting, especially someone losing her daughter," he said.

Boudreau confessed to the murder to undercover police.

Even though he was cleared of wrongdoing, Macumber said he had to leave Bridgewater, and it's been hard to get a job. He said his friends and family turned from him and he's been getting help for his alcoholism. "I was devastated myself. It broke my heart ... people thought I done something and I had to live with that."

ShareYourViews

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Jury selection on for murder trial

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Jury selection began yesterday in the murder trial of Jerrell Johnston and Nathaniel Sparks, accused in a double murder in East Preston over two years ago.

Brandon Beals, 21, and Martaze Provo, 25, were shot to death outside an after-hours club on Upper Partridge River Road on Dec. 10, 2006. Johnston and Sparks are accused of second-degree murder in their deaths, and of attempted murder in the shooting of Vantino Beals, who survived.

The two accused men, formerly of Cherry Brook, were living out west at the time; Johnston in Edmonton and Sparks in Vancouver.

Both accused pleaded

not guilty yesterday, the first scheduled day of their trial.

The murders shocked the North Preston community and prompted an anti-violence march early in 2007.

Hundreds of potential jurors — double the number normally called for a single trial — were packed like sardines into the largest Nova Scotia Supreme Court courtroom yesterday. Justice Gerald Moir warned them the trial was scheduled to last a full month.

"I expect there will be evidence of gunshot wounds, including photographs," Moir said.

After a morning of hearing requests for exemptions from jury duty, Moir adjourned court for the afternoon. Jury selection will continue this morning.

Mounties investigating suspected weekend arson

FIRE A fire which started in a green bin on the weekend was deliberately set, police said.

By the time police and firefighters arrived at the house on Sackville Cross Road at 4:50 a.m. Saturday,

the fire had spread to a car parked nearby and was going for the house.

Witnesses who called 911 said they saw a young man running away from the house.

RCMP officers woke up

the residents and evacuated them while firefighters put out the blaze before it reached the house.

After investigating the matter, the fire was declared arson. "We believe some kind of accelerant

like gasoline was used," said RCMP Cpl. Joe Taplin.

The vehicle was heavily damaged, but the house is fine.

The suspect is described as 5-6 to 5-7, weighing about 130 pounds. He is between

18 and 21 years old, and was wearing a blue jacket.

RCMP are requesting anyone with information call any police office or Crime Stoppers at 1-800-222-8477.

JENNIFER TAPLIN/METRO HALIFAX

Who is the greener U?

Green keepers at Dalhousie University are taking on Trent to see who is the most Earth-friendly school. Dal, which recently beat Acadia in a similar challenge, is aiming for 55,000 environmentally-friendly acts. Trent, located in Peterborough, Ont., is about half Dal's size and is trying for 30,000. **METRO HALIFAX**

Space ... in 50 minutes

Saint Mary's professor will trace origins of our universe Friday

JON TATTRE
for Metro Halifax



Rob Thacker will attempt to compress 13.7 billion years into 50 minutes Friday night.

After an evening of astronomers "busking" on the street with a free telescope display, the Saint Mary's astrophysics professor will give a public talk tracing the big bang origins of our universe up to the formation of galaxies and beyond. He even has a nifty com-

puter simulation of what it's going to look like when our beloved Milky Way has a head-on collision with the Andromeda galaxy.

Fortunately, when our galaxy smacks into our neighbour, we won't notice it. That's partially because it won't happen for three billion years. Still, the vastness of space will ensure there's plenty of room for our descendants to survive. Probably.

Thacker will also talk about the advances in the computers we use to study

"We are all stardust. The atoms in your body have been through the centre of a star: That profoundly connects you to what's up there."

Saint Mary's Prof. Rob Thacker

the universe. Computer power has grown by a factor of one million in the last 30 years.

"There's no other realm of human endeavour where I think that's true," he said. If it continues at that pace, computers will have the processing power of the hu-

man brain by 2040.

"It's a little bit scary," he said. "The question 'Is Data alive?' from Star Trek could conceivably be something we could have to look at in our lifetimes."

In studying the stars, we are studying ourselves, Thacker said.

"We are all stardust. The atoms in your body have been through the centre of a star: That profoundly connects you to what's up there."

Friday's events are part of the International Year of Astronomy. The telescopes will be in front of SMU's Sobey building beginning at 6 p.m. and there will be a tour of the university's observatory after the lecture. The lecture is at 7:30 p.m. in the Scotiabank Theatre. Go to Astronomynovascotia.com for details.

News in brief

ARREST A 17-year-old male was arrested for the second time in less than a month for transporting illegal cigarettes. RCMP officers pulled over a van on Highway 104 in the area of Kempton, Colchester Co., Friday afternoon. The officers found more than 70,000 illegal cigarettes plus marijuana and a prohibited weapon. The male will appear in a Truro courtroom Feb. 9 to face several charges.

CRIME A man and woman were robbed and assaulted in a Göttingen Street apartment Sunday night. Both victims suffered minor injuries. Two men face charges of breaking and entering, robbery and property damage. One of the men will also be charged with breaching court orders.

METRO HALIFAX

Weather Here today, gone tomorrow



Jonathan Carroll enjoys the sunshine yesterday as he sings Johnny Cash's Ring of Fire in front of the Spring Garden Road library. While it felt like spring in Halifax yesterday, Shubenacadie Sam and his shadow appear to have brought us another blast of winter today. Halifax is expected to get 15 to 25 centimetres of snow late this morning or early this afternoon.

O'Regan's and PolyCello among Canada's Best Managed companies

JENNIFER TAPLIN
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Two Nova Scotia companies made the nation's 50 best-managed corporations list.

Dartmouth's O'Regan's Automotive Group, and Amherst's PolyCello were picked and the winners were announced yesterday.

"Companies are always judged by profitability, as they should be," said Shannon MacDonald, the Atlantic Canada regional leader of the Best Managed program.

"But Best Managed companies like O'Regan's Auto-

Revenue

- The top 50 companies in Canada made a combined \$6.4 billion in revenue, and increased their average revenue by 43 per cent between 2006 and 2009.

motive Group and PolyCello have been singled out for qualities that promise long-term growth. They've made rigorous investments in their own potential."

It's the fourth time in a row O'Regan's has made this list, said owner Sean O'Regan.

"It's our having everybody in our company buy into the goal of driving higher standards," O'Regan said, explaining why his company is so well-managed.

In terms of big investments, O'Regan's completed a \$20-million auto mall on Baker Drive in Dartmouth last year. It also relocated a Kia dealership and renovated an older building housing one of its dealerships.

Other companies on the list included Hartland, N.B.-based Day & Ross, industrial services company Quantum Murray and Desjardins Health Care Group.



**Nova Scotia
Environmental Network**
Connecting for a Sustainable Future

UPCOMING PUBLIC EVENTS

Sustainability Education Networking 2009

Meetings with Lunch

Wed., February 18, 10:00 a.m.-3:00 p.m. CCEPA, 630 Francklyn St., Halifax

Fri., March 6, 10:00 a.m.-3:00 p.m. Keating Millennium Centre, St. Francis Xavier University, Antigonish

Talk "Current Trends in Aboriginal Law"

Thomas Isaac, LL.M.

Tuesday, February 3, 7:30-9:00 p.m., Rm. 1016, Rowe Building, 6100 University Ave., Halifax

Film screening: FLOW: For the Love of Water

Wed., Feb. 4, 7:00 - 9:00 p.m., Seton Auditorium, C, Mount Saint Vincent University, 166 Bedford Highway

Tues., Feb. 10, 7:00 - 9:00 p.m., Royal Canadian Legion, 3495 Prospect Road, White's Lake

Environmental Education Caucus Meeting

Friday, February 20, 10:00 a.m.-12:00 p.m. Department of Natural Resources, 1701 Hollis St., Halifax

Environmental Law & Policy Meeting

Friday, February 20, 12:00-1:30 p.m., Ecology Action Centre, 2705 Fern Lane, Halifax

Envisioning a Community Garden for Mainland Common Meeting

Saturday, February 21, 2:00-4:00 p.m., Rm. C, Keshen Goodman Library, 330 Lacewood Dr., Halifax

The Story of Stuff: Towards Sustainable Consumption Film & Talk

Tuesday, March 10, 7:00-8:30 p.m., Spring Garden Road Memorial Library, 5381 Spring Garden Road, Halifax

Book Club "Go Green: How to Build An Earth Friendly Community"

Saturday, April 4, 10:00 a.m.-12:00 p.m. Alderney Gate Library, 60 Alderney Dr., Dartmouth

CALL FOR NOMINATIONS FOR NSEN ECO-HERO AWARDS - DEADLINE FEBRUARY 16.

To RSVP, for application forms and for more details about these events, please visit our web site at www.nsen.ca or contact Tamara Lorincz, Executive Director, at (902) 454-6846 or email nsen@cen-rce.org

One snowy night 50 years ago today, Buddy Holly took off on a small plane and died when it crashed in an Iowa field. A tragic icon was born, but so was a half-century of litigation and finger-pointing. The latest legal showdown has been going on for 15 years as Holly's family chases alleged unpaid royalties from his Universal Music Group label. **REUTERS**

Canada/World

Massacre movie brings up painful memories

It's at the end of the film, after the killer shoots himself and the blood draining from his head meets with the blood pooling from yet another woman he has killed, that the impact this event has had on society begins to resonate.

The event, the massacre of 14 women by 25-year-old Marc Lépine at the École Polytechnique on Dec. 6, 1989, would turn a population upside down and forever link Lépine's hatred with the pain of the victims' families and the debate about the status of women in Quebec, and the rest of Canada. Predictably, there has

"I was very scared to go watch it. But they succeeded, I believe." Melissa Blais, student

been controversy about its release. On Internet forums and in newspapers, some wonder why the filmmakers would dredge up such a painful piece of history. Some have complained that the movie's trailers have sensationalized the events.

But those who have seen the \$6-million film's previews say it's highly emotive, not exploitive.

"I was very scared to go watch it," said Melissa Blais, a doctorate student in soci-

ology at the University of Quebec at Montreal who has been studying the massacre since 2004. "But they succeeded, I believe."

The viewer is not spared the violence. The movie shows what even led to some of the actors breaking down during the production, when the killer enters one classroom and allows all the men to leave before he shoots all the "feminists" who remain.

TORSTAR NEWS SERVICE

Free-speech group stands up for pro-lifers

RIGHTS Free speech versus a woman's right to choose: The issue is coming to a head — again — on university campuses across Canada.

The Canadian Civil Liberties Association is campaigning to overturn deci-

"At issue ... is nothing less than the viability of free speech." Alan Borovoy

sions by several student unions to withdraw funding and resources from pro-life organizations.

The civil liberties group, though "strongly pro-choice" on abortion, says the students' move violates an even more important democratic right — freedom of expression.

"At issue, in our view, is nothing less than the viability of free speech on the university campuses of this country," the civil liberties group's general counsel, Alan Borovoy, writes in a letter that was sent to student unions across Canada. It notes that the right to free speech gave many pro-choice groups their start on campus.

TORSTAR NEWS SERVICES

News in brief

VANCOUVER A botched university prank to suspend a car from a Vancouver bridge yesterday has left five University of British Columbia engineering students facing criminal charges. There were no injuries, but the students were arrested, with police recommending they be charged with criminal mischief causing more than \$5,000 in damages.

QUEBEC A trial began in Montreal yesterday for Said Namouh, a Quebec man accused of being involved in an international terror plot designed to force the Austrian and German governments to withdraw troops from Afghanistan. **METRO NEWS SERVICES**

NAVIGABLE WATERS PROTECTION ACT R.S.C. 1985, CHAPTER N-22

Terrain Group Inc. hereby gives notice that an application has been made to the Minister of Transport, Infrastructure and Communities pursuant to the Navigable Waters Protection Act for approval of the work described herein and its site and plans.

Pursuant to section 9 of the said Act, Terrain Group Inc., has deposited with the Minister of Transport, Infrastructure and Communities and in the office of the District Registrar of the Land Registry County of Halifax, at Halifax, Nova Scotia, under deposit number 92409029, a description of the following work, its site and plans:

Proposed Wharf in, on, over, under, through or across Northwest Arm, Halifax Harbour at McCulloch Court in front of lot number 6.

Comments regarding the effect of this work on marine navigation may be directed to the Manager, Navigable Waters Protection Program, Transport Canada, P.O. Box 1013, Dartmouth, NS, B2Y 4K2. However, comments will be considered only if they are in writing and are received not later than 30 days after the date of this notice. Although all comments conforming to the above will be considered, no individual response will be sent.

Signed at Halifax, this 23 day of January, 2009.
Terrain Group Inc.

Nine deaths reported in Sri Lankan shelling

Artillery shells struck a hospital in Sri Lanka's northern war zone, killing at least nine people and wounding another 20, the Red Cross said yesterday.

The Sri Lankan military denied it had shelled Puthukkudiyiruppu hospital in a Tamil Tiger-held part of Mullaitivu district and blamed the rebels.

The Liberation Tigers of Tamil Eelam made no comment, but a pro-rebel website accused the military of

the firing.

A spokeswoman said the Committee of the Red Cross (ICRC) had urged both sides to allow safe passage for scores of sick and wounded people trapped in the area.

Sri Lanka's army has surrounded the LTTE in a 300-square kilometre slice of jungle in the northeast, aiming to end a war that began in 1983, one of Asia's longest-running conflicts.

Concern has grown for

the safety of 250,000 people aid agencies say are trapped inside the battle zone, although the government describes those numbers as overblown. The military has said it would move in to free those trapped by the fighting after a government-declared, 48-hour truce lapsed.

A UN official said there would have been many casualties because the hospital was crowded when the shelling occurred. **REUTERS**

Britain Record snowfall



Pedestrians walk past a snow-covered war memorial yesterday in central London. Tens of thousands of commuters were told not to journey into London, which experienced some of its worst snow in almost 20 years. Buses were taken off the roads and hundreds of schools were closed. All flights at Heathrow Airport were cancelled before limited flights resumed.

Japan denies use of weapons on whaling activists

WILDLIFE Japan yesterday denied accusations by a U.S.-based anti-whaling group that Japanese whaling ships used weapons against activists on inflatable boats near Antarctica.

The Sea Shepherd Conservation Society said that two crew members were injured when Japanese whalers used water cannons, concussion grenades, acoustic weapons and threw objects at their boats.

A fisheries department representative said the Japanese fleet had used hoses on two Sea Shepherd boats after sending warnings, accusing Sea Shepherd crew members of throwing bottles of dye and strong-smelling liquid at its boats. No one was injured, the rep said.

Despite a commercial whaling ban, Japan continues what it calls a scientific whaling program, which has drawn criticism. Its annual hunt is aimed at catching about 900 whales. **REUTERS**

15 policemen killed in India

REBELS Suspected Maoist rebels killed 15 policemen in the western Indian state of Maharashtra, police said yesterday, in one of the biggest such attacks in the state.

The rebels fired upon a police team patrolling a forested area near the border of the insurgency-hit Chhattisgarh state. The In-

dian Express newspaper said the rebels gouged out the eyes and severed the legs of a few policemen.

Maoist rebels say they are fighting for the rights of poor farmers and labourers in what Indian Prime Minister Manmohan Singh called one of the gravest threats to India's internal security. **REUTERS**

News in brief

BOGOTA A mission to airlift two kidnapped politicians held hostage by Marxist guerrillas deep in Colombia's jungle was delayed yesterday, but a senator said it would still go ahead. Leftist FARC guerrillas freed four hostages on Sunday in the first of three releases planned this week, but complained of military harassment during the handover. **REUTERS**

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Comment & Views

Comment

The tides have turned

Harper's liberal budget draws backlash from Conservatives

NationalReport



Lawrence Martin

For the first time as prime minister, Stephen Harper is facing public criticism from within his own flock. His sometimes-strategist Tom Flanagan told interviewer Steve Paikin last week that Mr. Harper has dug himself into a hole, primarily on account of last November's budget update. Monte Solberg, who used to serve in the Harper cabinet, said the PM's budget could lead to long-term deficits and criticized Mr. Harper for not offering the country a vision. Tasha Kheirridin of the Fraser Institute said conserva-

tives feel betrayed by his budget.

For the strong-armed PM who once exerted absolute control, the lustre has worn off. His defenders say he had no choice but to bring in a liberal budget, that his minority would have been defeated if he had done otherwise. That may be true. But the no-choice scenario is one that was largely brought on by Mr. Harper himself.

His strategic budget-state-ment disaster of November reset the scales in the other side's favour. It resulted in a quick change in the Liberal leadership. With-out that change, Liberals would presently be engaged in a divisive leadership fight. Mr. Harper would have had

a free hand with the budget and other measures. It was his own failure to foresee the dismal economic tides (when most everyone else foresaw them) that led to his miscalculation of promising balanced budgets for years to come. He had to completely reverse himself. It was his government's excessive spending in the two years prior that needlessly depleted the big surpluses Ottawa previously enjoyed.

With the trend swinging liberal to the south for the border and edging in that direction here, Mr. Harper realizes he has to start sound-ing more and more liberal to survive. He has to turn his back on his own hard-woven political philosophy. He can do that. He is a leader driven by power-lust and political calcu-

lations far more than public policy. Hence the Solberg criticism, echoed by many others, on his never having offered the country a vision.

But the problem in such circumstances is that given a choice between a faux liberal in Stephen Harper and a real one in Michael Ignatieff, people will opt for the real one.

The momentum is clearly on Mr. Ignatieff's side. Sensing this, realizing Mr. Harper has already had three electoral kicks at the can, Conservatives are starting to contemplate alternatives. Jim Prentice, Peter MacKay and Jason Kenney are the names most frequently mentioned. There is also a former leader of the federal Tories who is still at large in Quebec. His name is Jean Charest.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



REUTERS

Views

Relief at pumps, but havoc on economy

InBusiness

Charles Davies



Veteran Business Writer

These are hard times in Canada's oil patch. With crude hovering around \$40 a barrel after averaging \$100 through 2008, profits are slumping and belts are tightening. Earlier this week, Suncor Energy Inc., the leading oilsands producer and a bellwether for the energy sector, reported a fourth quarter loss of \$215 million. It promptly whacked planned 2009 capital spending to \$3 billion, less than a third of last year's total.

Canadians who were squeezed by historically

high gasoline prices last year may have little sympathy, but they should. Today's lower pump prices are a relief, but the industry's slowdown has a far greater negative impact on all of us. Lower energy prices, the result of weakening demand as the recession gathers, mean weaker corporate revenues from domestic and export sales and, consequently, lower profitability. This leads to job cuts, reduced purchases from suppliers across the country, less capital-fuelled expansion and trimmed discretionary spending on everything from paper clips to philanthropy. The energy sector's weakness simply diminishes an already struggling economy, rather like bleeding a medieval invalid.

In Alberta, the key producing province, the num-

ber of oil rigs operating this year is the lowest in a decade. The province suffered a net loss of 15,800 jobs in December, nearly half the national total. Not all of those jobs were in the energy sector, but many were, and they generated income for thousands of Canadians who once hailed from locales as diverse as Newfoundland outposts and hamlets on Vancouver Island. Worse still, the energy sector's workforce is expected to shrink a lot more in 2009. Add it all up and energy's contribution to gross domestic product, somewhere around 5.5 per cent normally, is taking a big hit.

Indirectly, the effects are no less severe. Alberta has collected \$11 billion or more in energy royalties in each of the past three years, but it won't in 2009. Nor

will other producing provinces match their previous totals. Provincial gasoline tax revenues, 16.5 per cent of the price of every litre sold, will fall, as will the 15.5 per cent share comprised of federal excise tax and GST. Lower tax revenues in the current climate mean bigger deficits and even harder choices for governments figuring out how to revive the economy.

For good measure, lower energy prices are further eroding our life savings. By weighting, the energy sector accounts for about 28 per cent of the S&P/TSX composite index. When energy shares fall, all investors feel the pain.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.

WE'RE ASKING CANADIANS WHAT THEY THINK OF THE NEW YORK TIMES COMPARING MICHAEL IGNATIEFF TO BARACK OBAMA.



MICHAEL DE ADER

Letters

Do as I say, not as I did

I find it rich that Jack Layton and the New Democrats are acting so indignant that Michael Ignatieff is supporting the Conservative budget. It was, after all, their support for Harper back in 2006 that led to the fall of the Martin government, and the institution of the Conservatives in power in the first place. Why is it wrong for Ignatieff to support the Conservatives now, but right for Layton to support them then?

I think Jack Layton knows Canadians will never willingly elect the NDP to power, so they tried to sneak in through the back door. So when Ignatieff chose stability and sensibility for Canadians, instead of an unpopular coalition, Layton opted to take on the role of a spurned teenager and throw a hissy fit.

Canada needs stability to get through the economic trials that we face, Mr. Layton. We don't need your brand of childish antics trying to convince us that you,

somehow, know better than the 82 per cent of Canadians who voted against your party during the last election.

BRIAN APPEL, DARTMOUTH

Courage to break ranks

Courage, it is said, is doing what one knows is right in the face of certain opposition. There can be no question that Newfoundland Liberal MPs Judy Foote, the member for Random-Burin-St. George's, and Scott Andrews, the MP for Avalon, are courageous, breaking ranks with the party leader to stand with their constituents.

They are not just protecting the interests of their community; they are asking the prime minister to be honest and honour his pledge on the Atlantic Accord. Nova Scotians will get nothing from this budget, and someone must hold the prime minister to his word. One wonders if N.S. MPs will show the same courage as their colleagues?

BRADLEY PYE, DARTMOUTH

Metro Online Poll Results

45% SAID YES

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55% SAID NO

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Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.

Baby boomers are set to take over the fitness industry, as the 77.5-million-strong market will increase by about 25 per cent in the next eight years. The group is expected to spend more than \$70 billion US on ways to stave off the aging process. **REUTERS**

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA



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Business in brief

SETTLEMENT Maple Leaf Foods has reached a tentative \$25-million settlement in a series of class-action lawsuits related to an outbreak of listeriosis, pending court approval. The amount each claimant receives will depend on the severity of illness, from \$750 to \$125,000. Estates of those who died will be paid \$120,000.

LENDING Canwest Global Communications said the slumping economy could force its newspaper and TV unit to breach some debt covenants as its bank cut the amount of money it is willing to lend. Canwest warned last month it might not be able to comply with its financial leverage covenants in fiscal 2009. **REUTERS**

Bank CEOs take pay cuts

The top executives at three of Canada's biggest banks are taking deep pay cuts after the financial crisis eroded profits and battered stocks.

Royal Bank of Canada's chief executive officer Gordon Nixon announced yesterday that he is voluntarily turning down nearly \$5 million in 2008 compensation.

His counterpart at the Bank of Nova Scotia, Richard Waugh, saw his pay package slashed by 20 per cent to \$7.5 million from

Bank earnings

- Royal Bank's full-year profits sank by 17 per cent to \$4.56 billion.
- Scotiabank's 2008 annual profits dropped to \$3.14 billion from \$4.05 billion.

\$10.1 million last year.

Hours later, Bank of Montreal's CEO William Downe also decided to give up \$4.1 million in rewards. Those rare moves are

coming at a time when some shareholders are pushing for a say on executive compensation, while taxpayers ratchet up their scrutiny of the issue after Ottawa committed billions to shore up lending in last week's federal budget.

Ian de Verteuil, an analyst with BMO Capital Markets, said that the move gives RBC added credibility, as Nixon "intends to share in the 'pain' experienced by the bank's stakeholders." **TORSTAR NEWS SERVICE**

Protectionism is 'economic death'

ECONOMY Dallas Federal Reserve president Richard Fisher warned yesterday against "Buy America" provisions in U.S. President Barack Obama's proposed \$819-billion US stimulus law and said it could lead to devastating protectionism.

"Protectionism is the crack cocaine of economics," Fisher told C-Span television. "It provides an immediate high that leads to economic death. We cannot afford to go down that route." **REUTERS**

Your Money

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

On the web

A reader asks: "Over the past four years, my wife and I have contributed to our RRSPs. Soon, we plan to purchase our first home. Is this a good time to buy or should

we wait another year or two? Can we withdraw the maximum \$20,000 under the Home Buyer's Plan?"

• Read this week's column by Henry Choo Chong at metronews.ca

MoneyMatters

Henry Choo Chong

choochonghcg@yahoo.ca

Catch a tax break

SmartCookies



A week ago, the federal government unveiled the long-awaited 2009 budget. Last year, with the introduction of the tax free savings account, the government was all about encouraging us to save — this year's message, however, is the opposite.

But before you run out and spend, spend, spend, read on to learn more about what this year's budget means to your bottom line.

With \$40 billion in economic stimulus over the next two years, Canadians will now have more money in their pockets.

Tax breaks are being in-

troduced across the board: The largest ones for Canadians who have the least, including low-income families and seniors.

And for many Canadian families who have or will experience layoffs, the government has added an extra five weeks to the number of weeks an individual can receive employment insurance — and \$1.5 billion is also being injected into job-retraining programs.

We've also seen incentives for higher-income families, which along with the aforementioned income tax breaks, include credits such as the home renovation tax credit. This year, a \$1,350 credit is being offered to those who spend between \$1,000 and \$10,000 on home improvements.

Although we have seen dips in the real estate market, Smart Cookies still feel that real estate is one of the

best investments you can make (provided you have the money for the down payment, can cover the monthly expenses and plan to stay in your home for at least three to five years).

This is why we are impressed to hear about incentives for first time homebuyers.

The proposed budget includes a new first-time homebuyers tax credit of \$750 and an increase of \$5,000 on what you can borrow from your RRSP for your down payment (taking to total up to \$25,000).

What does all this mean to you? At the end of the day, a small tax credit is not going to make that much of a difference to your bottom line.

Although it might help the economy if you go out and shop, renovate or purchase property, it's not going to advance you personally unless you can truly afford it.

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Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

Investing

Allan Small

What opportunities are out there for investors? Read this week's column at metronews.ca

Get ready for the market's recovery

Missing the best days of the market recovery can cripple your long-term returns. Rarely can anyone predict the bottom. One way to take advantage of the recovery and lower risk is to "average in" your investments when the markets are low. **NEWS CANADA**

7

RRSP Guide

'Don't lose twice'

"We are at or very near the point of maximum pessimism on the markets. It's time to be opportunistic," said Don Reed, president and CEO of Franklin Templeton Investments Corp. "Conditions are ideal to re-invest: Stocks are cheap and the markets are choppy. Investors lost when markets fell. Don't lose twice — be sure to act now before the recovery takes hold."

NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA



Small investments over a long period of time make a big difference, financial advisers say.

Invest while market is low

Now's the best time to do it, advisers say

ERIC EMIN WOOD
for Metro Canada



Despite the recent economic downturn, now is the time to open or invest in a registered retirement savings plan (RRSP); it is not the time to walk away, experts say.

"When the market is booming, we're investing like crazy," says Judy Thomson, director of BMO retail investments. "When the market is where it is today, we're terrified."

Such investment psychology is flawed, Thomson says.

"You don't want to just take advantage of investing when it's up, you want to take advantage of investing when it's down and getting back up," she says.

An RRSP is like a basket, says Lee Anne Davies, head of advanced retirement strategies with RBC. "You can have different types of investments in this basket, including mutual funds, GICs, stocks, bonds or cash," she says. Not every

item in the basket has been affected the same way.

"We recognize how stressful this time period is for many," says Davies. She encourages both veteran and potential investors to visit their bank's local branch and meet with a professional financial adviser, who can help them assess (or reassess) their goals and investments.

"Do your investments reflect your risk tolerance, goals and time horizon (number of years before you retire)? If so, there may not be a need to change anything."

Fifty per cent of Canadians haven't seen an adviser at all, says Thomson — even though it's free. "They'll spend more time planning their exercise routine, or a vacation, than thinking about their retirement," she says.

Thomson offers readers this sample plan: A 25-year-old who deposits \$100 into an RRSP, she says, followed by \$25 per week afterward, will have earned more than \$380,000 when they turn

"Take advantage of investing when (the market is) down and getting back up." Judy Thomson

65. (These calculations are made using an average market return of eight per cent over the long term.) An investment of \$50 per week leads to more than \$765,000, while \$100 per week becomes a little more than \$1.5 million.

"We need to get people away from thinking, 'I've got to make such a huge investment!' to 'Small amounts of money over a long period of time make a huge difference,'" says Thomson.

The most important thing is for Canadians to continue moving toward their goals, says Davies. "Retirement's still going to happen," she says. "We know from history that markets come back, so keep investing, and get into the habit of saving on a regular basis."

Most Canadians lack financial plan: Survey

BRIAN TOWIE
brian.towie@metronews.ca



Not even an economic downturn will convince Canadians to save for safety's sake, a survey from Bank of Montreal suggests.

The first of three national reports on spending and saving, which BMO conducted in December and published mid-January, says nearly seven out of 10 respondents admitted they do not have a financial plan in place, and more than 40 per cent of Canadians don't have any type of emergency savings set aside should their financial circumstances suddenly change.

But perhaps the most hackle-raising conclusion of all was that 80 per cent

felt the economic downturn is not enough of an incentive to create a financial plan, says Judy Thomson, director of retail investments at BMO.

"Really, what does it take for people to know they need to have some kind of plan in place?" she said. "You'd have to be living in a cave somewhere not to have an understanding of the urgency that's going on in the market today. And these are recent findings, taken after the economy really started to hit people. It certainly surprises me."

"People have no idea of their cash flow — how much they're bringing in, how much they're spending. If they found themselves in an emergency, where would they go?"

"We spend more time thinking about our vacations than we do thinking about our retirement."

Judy Thomson

There's a certain mindset that keeps Canadians from properly saving and investing, says Thomson. Those without savings plans assume they only exist for the wealthy, and the perilous habit of "get it now and pay for it later" dies hard.

"I think if you read everything about this downturn, it's that attitude that got us into this situation. You can see that across the border when it comes to housing," she said.

"We're avoiding dealing with it and the fact that so many are without a basic financial plan proves

the point."

However, the report did make its brighter points despite all the doom and gloom.

Of those with RRSPs, the survey found Canadians felt they needed to exercise more caution. Nearly 70 per cent of Canadians with RRSPs say they will not need to withdraw from it to meet their financial needs, and 60 per cent say they'll contribute as much this year as they have before.

Thirty-eight per cent, however, say they don't plan to contribute this year, believing they'll need the money to get



Canadians should be putting money away toward their nest egg because retirement isn't as far away as they think, experts say.

themselves through the tough times — a state of affairs that would be more easily weathered, Thomson says, if Canadians looked for help.

"We spend more time thinking about our vacations than we do thinking about our retirement. It seems so far away, and so

complicated. It's not," she said. "You can go into a bank and get free advice from the most basic to the most complex. Dealing with an investment professional helps you understand what you're buying and establish a financial knowledge of what you already have."

Taking out an RRSP loan can, in many circumstances, be a smart way to maximize this year's contribution or to catch up on your past contributions. The key is to get a loan at a low-interest rate and pay it back as quickly as possible. You can even use your RRSP tax savings to help pay off the loan. **NEWS CANADA**

Tax-free savings account has something for everyone

RAFAEL BRUSILOV
for Metro Canada



Tax-free savings — the idea sounds almost too good to be true, but it isn't. As of Jan. 1, all Canadians have access to the new tax-free savings account (TFSA), but how does it work?

Tom Hamza, president of the Investor Education Fund, a non-profit organization that promotes financial literacy across Canada, says the TFSA is meant to be a versatile partner to your RRSP, which allows you to save and take money out when you need it, tax free.

Other details about the TFSA include:

- Any Canadian over the age of 18 can open a TFSA and deposit up to \$5,000 yearly into the account, regardless of your income level. RRSP contribution limits are tied to income.
- Your contribution limit grows by \$5,000 yearly re-

gardless of whether you put money into it.

- Money you earn in your TFSA doesn't count against you if you receive a government income supplement.

"This is a way to save some money and shelter the tax as the money grows," said Lee Anne Davies, head of advanced

retirement strategies at RBC.

However, Davies points out that while money inside a TFSA is not taxed, the money you contribute to a TFSA is still taxable as part of your income. RRSP money, on the other hand, is tax refundable upon contribution and only gets

taxed when you retire.

Hamza suggests that rather than trying to choose between a TFSA and an RRSP, use both to their full advantage.

"Anything you can do to keep money in your pocket instead of giving it to the tax person is a good thing," Hamza said.

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JON TATTRIE
for Metro Canada



Investing in your RRSP is generally a safe bet, but should you put in a little bit every month, or deposit a lump sum ahead of the March 2 deadline?

"That type of conversation is something that we have with quite a few of our clients," says Lee Anne Davies, head of advanced retirement strategies at the Royal Bank of Canada. "One of the things we're always interested in talking about is getting into the habit of paying yourself first."

Before you pay a salesman to give you a television, or pay a chef to make you a restaurant meal, pay yourself by socking a portion of your earnings into an RRSP. Most banks have systems set up where you can have a set amount of money automatically transferred from your savings account into your RRSP.

In the current volatile market, Davies says regular RRSP investing gives you the advantage of "dollar-cost averaging." You can buy more when it's down, and when it's up, you buy less but receive the advantage of the growth on your investments.

There are situations in which a lump-sum deposit makes sense, Davies says. She notes many people receive annual bonuses from their employer, or get paid on commission.

"It's also human nature — that tendency to want to procrastinate. That's where a professional adviser is helpful," she says. An adviser can give you solid advice and act as a financial coach, encouraging you to contribute early and build toward long-term goals.

Davies says the question of how much you should put away depends on each person. "It comes down to your life stages, what's happening within your own family. People have all sorts of obligations, especially if they're in young families."



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Health & Beauty

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Tummy tucks on the rise

Skin remnants of obesity have surgeries soaring

She was a big baby. In the picture it is 1953 and her older sister Shirley is straining to hold a beaming Ruth Mathews up for the camera.

As the years unfold in her photo album, Mathews' size grows progressively larger. Then alarming.

In a 2004 shot, at age 51, Mathews is a morbidly obese diabetic and a mostly miserable 354 pounds.

Then comes the great reversal. By dint of diet, exercise and the will to eschew pizza in particular, the 5-foot-6 school bus driver shrinks to 169 pounds.

But like the growing number of morbidly obese people

now losing enormous amounts of weight, mostly through stomach stapling surgeries, Mathews had a problem. As all that fat disappeared, the skin that held it all did not.

"I had all this skin that would flop around when I walked," says Mathews, the mother of two grown children. "You sort of tuck it into your pants, but it's still there. Imagine losing all the weight and having to be stuck with all that skin."

These remnants of obesity — known medically as cutis pleonasmus — have sent "tummy tuck" surgeries skyrocketing.

"It's been a six-fold in-

crease in the past five years," Dr. Michael Kreidstein says of the number he now performs at The Scarborough Hospital in Ontario.

The Canadian Society of Plastic Surgeons does not keep statistics on the type and number of operations its 400 members perform, but society executive director Karyn Wagner says U.S. data likely reflects the Canadian situation.

In the U.S., tummy tucks increased by 137 per cent between 2000 and 2007, when the number reached 148,000. Wagner concludes about 15,000 were performed in this country that year.



In the U.S., tummy tucks increased by 137 per cent between 2000 and 2007. The Canadian Society of Plastic Surgeons says U.S. data likely reflects the Canadian situation.

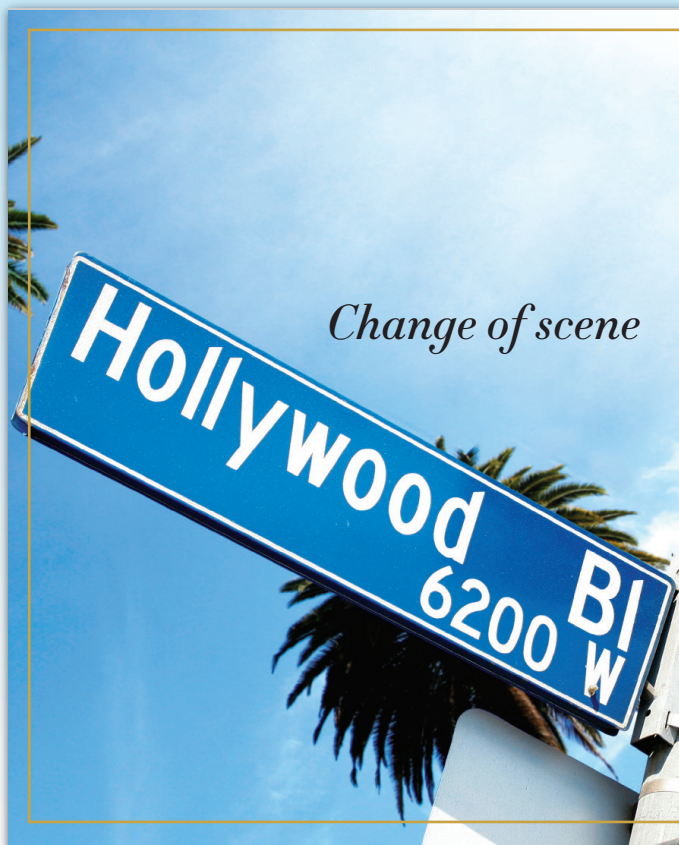
Bariatric surgeries (known as gastric bypasses or stomach stapling), which segment or bypass large

portions of the stomach, are growing as a mainstream tool to reverse morbid obesity. Last year, a major study

pegged these operations as a potential cure for weight-related Type 2 diabetes.

TORSTAR NEWS SERVICE

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health & beauty 11

Love is all in a smell

Can you identify your partner's armpit odour?

The J Spot

Josey Vogels

Sex talk with Josey

According to new research published in the Journal of Hormones and Behaviour, the more in love you are with your guy, the better the chances you'll pick his smelly armpit out of a crowd.

The research involved having women sniff the T-shirts of boyfriends, male friends and strangers who had been wearing them for a week. Women in love were able to pick out their boyfriend's body odour 5.2 out of seven tries.

The researchers call it the "deflection theory," and argue that the more in love you are with your guy, the less likely you'll identify with the body odour of a male friend or stranger and be tempted to stray.

This isn't the first research on the role smell plays in attraction. American scientist Jim Kohl has been sniffing around the relationship between sex and smells for well over a decade. He says you could like everything about someone but if you don't like the way they smell, forget it. Especially if he or she smells like someone you've turned up your nose at in the past.

"In reality," says Kohl, "we make the odour association first and the visual association thereafter." Blame it on TV — we've become a visual society, plus the fact that walking up to someone and taking a big whiff might be considered a tad impolite.

Researchers at the Smell



Recent research shows women in love were able to pick out their boyfriend's body odour (off a T-shirt) 5.2 out of seven tries.

and Taste Treatment and Research Foundation in Chicago did a study years ago that revealed that 90 per cent of patients who had lost their sense of smell as a result of head trauma had sexual dysfunction.

They then decided to test floral and perfume smells on men to see how different odours might affect sexual response. One researcher threw in a fake cinnamon bun smell for fun and surprisingly, it got the most, er, enthusiastic response. They decided to test a whole slew of food odours and discovered that most food smells tested increased penile blood flow.

But, before you go spreading cinnamon toast all over your body girls, considering the guys in the study got most turned on by pumpkin pie, re-

searchers admit it could just be a case of feel-good nostalgia.

Kohl agrees that a big part of smell response goes back to memory and learned associations. He calls this "olfactory imprinting" and likens it to visual imprinting for a duck.

"If the first thing a baby duck sees is its mother, it will follow her around. If it sees a basketball, it'll follow that. Same with olfactory imprinting."

Following this logic, if you like the smell some guy leaves on your pillow, you'll probably start following him around, too.

Following this logic, if you like the smell some guy leaves on your pillow, you'll probably start following him around, too.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

"The more in love you are with your guy, the less likely you'll identify with the body odour of a male friend or stranger and be tempted to stray."

Hyperactivity makes quitting harder

CELIA MILNE
for Metro Canada

STUDY Smokers with ADHD may find it harder to quit smoking. Researchers at Columbia University Medical Center in New York found in a study that people who have hyperactivity and impulsivity — two of the traits associated with attention deficit hyperactivity disorder (ADHD) — were less likely to successfully quit smoking than those without

these traits.

The study involved 583 adult smokers, of whom 43 had ADHD. During the eight weeks of the study, participants were treated with Zyban (a drug that aids in smoking cessation), as well as the nicotine patch and cessation counselling.

After eight weeks, those with elevated hyperactivity and impulsivity showed lower quit rates. Inattention, another trait involved in ADHD, was not a factor in success rates.



Hyperactivity and impulsivity can make it more difficult to successfully quit smoking says a recent New York study.

The first step to a healthy weight loss

Part 9

Your Liver, Your Friend...

Your liver is a veritable warehouse...

The liver plays a part in transforming a large number of substances, including vitamin B12, iron, copper and glucose. It then stores these substances so that they can be released as needed.

The liver and the gall bladder... Are they the same or not?

In actual fact, the liver produces the bile which, as you will recall, helps with digestion and with the destruction of toxic substances.

This bile is then directed to the gall bladder and duodenum.

When people say that they have had a liver operation, what they have most often undergone is a cholecystectomy, i.e., removal of the gall bladder.

Liver diseases:

Cirrhosis is certainly the best known liver disease. It is associated with alcohol consumption but, in reality, we should say with wine because, as far as I know, hard liquor sales have declined drastically in favour of wine. Other liver diseases are hepatitis A, B and C, cancer, gallstones, etc.

The liver and obesity:

When a person is overweight, there is an inescapable increase in the number of fat cells that slowly but surely accumulate in the liver.

As a result, the liver becomes vulnerable to many kinds of attacks.

Symptoms related to liver diseases:

These symptoms include fatigue, loss of appetite, muscle and joint pains and erectile difficulties in men. If the situation worsens, other symptoms may also appear, such as jaundice, increased bruising, blood in the stool, etc.

To be continued on February 5th...

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What type of schooling is required to become a Chiropractor?

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Lohan gets fussy over flight
Lindsay Lohan knows that you don't get anything if you don't ask for it. The troubled starlet was apparently denied a first-class seat on an overbooked flight out of Tampa, Fla., over the weekend, so she threw a tantrum, according to Fox News. **METRO NEWS SERVICES**



Entertainment

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

Joint bash
Ellen DeGeneres, left, and Portia de Rossi celebrated their birthdays with a joint bash Saturday, reports say. DeGeneres turned 51 on Jan. 26 and de Rossi 36 on Jan. 31. **PEOPLE.COM**

Panda sweeps Annies

AWARDS Kung Fu Panda pulled out all its martial arts moves at the 36th annual Annie Awards, where it was named best animated feature.

The DreamWorks Animation feature dominated Friday's awards ceremony at UCLA's Royce Hall in Los Angeles, presented by ASI-FA-Hollywood, the Los Angeles chapter of the International Animated Film Society.

Panda won the top prize over such other nominees as the critical favorites WALL-E and Waltz With Bashir and swept the feature film categories with 10 trophies, topping Pixar's Ratatouille run last year, when it earned nine Annies, including best feature.

The Panda awards parade to the winner's podium continued throughout the evening. It included a directing award for John Stevenson and Mark Osborne, writing honours for Jonathan Aibel and Glenn Berger, animated effects for Le-Ming Lawrence Lee, character animation for James Baxter and storyboarding for Jen Yuh Nelson.

Dustin Hoffman, who plays kung fu master Shifu in Panda, earned the award for voice acting in a feature film.

Nico Marlet took home an award for character design for Panda. **REUTERS**

IntelleVision

Rick McGinnis

Read at metronews.ca

GlobalStyle

Kenya Hunt

Exclusively at metronews.ca/globalstyle

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Fanning finds her voice

STEVE GOW
for Metro Canada

When you meet Dakota Fanning, the first thing that hits you is simply how girly-but-poised the 14-year-old actress is.

One could be mistaken for thinking that's a result of growing up alongside pros like Denzel Washington and Tom Cruise, but the truth is young Fanning had that demeanour right from the start.

Still, with seven years of movie making now behind her, there is one aspect of celebrity that has eluded Fanning — the inane personal fascination with fame.

"From the very first interview I ever did, I've been asked, 'Do I have any



Dakota Fanning, inset, lends her voice to the lead character, right, in the animated film Coraline.

friends?" said Fanning during a recent interview in Los Angeles. "When I was younger, I was like, 'What does that mean? Of course I have friends'.

"I've always been confused by that question because I really want to ask, 'Do you really think that I

line — Fanning still makes time for pals at private school and cheerleading camp. It may be a double-life but one that's hard-pressed to split her personality.

"She was nine years old (when we first met about Coraline)," said the film's director, Henry Selick. "She was like pulling her hair and being a little girl but telling me in this incredibly intelligent way why she should be Coraline and what she loves about the book and I was just super impressed."

Following the stop-motion animated style of his hit The Nightmare Before Christmas, Selick brings to life the thrilling story of a bored, young tomboy who finds a mystical secret door to a dark, alternate version

On the web

- For more Dakota Fanning news, read the Famous People Are Weird blog at metronews.ca.

of her life where everyone has buttons for eyes.

Fanning was such a fan of the popular Neil Gaiman novel, she dedicated five years to voicing the lead character.

"I just loved (the character's) curiosity and admired her bravery and she's so adventurous; I think you kind of have to be (adventurous) to do what I do, the places I go and the things I try out," said Fanning. "I don't know if I'm adventurous in the way she is (but) I'm definitely more girly."

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/3/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Homeland Security USA	Scrubs	Scrubs	Primetime: You
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Cold Case	Law & Order			Without Trace
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Wild Roses (HDTV) (N)	CBC News: The National		The Hour
	2	2	2	CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	La Factice	Providence (HDTV) (SC)	Roxy (SC)	Grosse vie	Le Téléjournal
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	NCIS "Agent Afloat"	The Mentalist (HDTV)		Without Trace
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Les Gags	Histoires-filles	La Fievre de la danse (SC)	La Promesse (HDTV) (SC)		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	90210 (HDTV) (N)	NCIS "Agent Afloat"	Project Runway Canada			News (N)
	9	9	9	CJCH	etalk	Hollywood	Law & Order: SVU	American Idol (HDTV) (N)	(10:01) Fringe (N)			News (N)
	10	10	10	ELTV	(6) EastLink Television			Podium TV	EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	American Idol (HDTV) (N)	(10:01) Fringe (N)		Fox First
primetime	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	The Biggest Loser (N)			Law/Ord SVU
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour	CBC News: The National		Mad Cow
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	One on One	Nova (HDTV) (N) (DVS)	Frontline (N) (DVS)			Tremé: Untold
	35	35	35	PBS-D	NewsHour With Jim Lehrer	State of the State	The governor of Michigan.	Nova (HDTV) (N) (DVS)		American Future: A History		
	68	68	68	TQS	(6:30) Le Retour (SC)	Catherine (SC)	Piégé Zézé	Dirty Sexy Money (SC)	Men in Trees: leçons			110 pour cent
	23	96	96	BNN	Business News	Headline	Market Call	Workopolis TV	Business News	Squeeze Play		Market Call
	18	18	18	CNN	(5) The Situation Room	Lou Dobbs Tonight	Commodities	Campbell Brown: No Bias	Larry King Live			Cooper 360
	54	54	54	GOLF	Golf Central	Top 10	Lessons	Inside PGA	The Approach	Top 10 (N)	Buick Invitational	Highlights
	52	52	52	RSE	Prime Time Sports		World Sport	NHL Hockey Los Angeles Kings at Ottawa Senators. (HDTV) (Live)				Sportsnet Con.
	55	55	55	SCOR	Hockey Talk	Game On	Cabby Unlimit	Court Surfing NBA news, scores and highlights.				Score Tonight
news	45	45	45	SPD	Unique Whips		NASCAR Pre.	Pass Time (N)	Low Life	Super Bikes!	Super Bikes!	Hot Import
	53	53	53	TSN	Off the Record	SportsCentre	NBA Basketball	Toronto Raptors at Cleveland Cavaliers. (HDTV) (Live)			SportsCentre	
	43	43	43	FAM	Zoeys 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	44	44	44	TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	Futurama	American Dad	Ned's School
	26	26	26	TREE	Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Nght Grdn	Toot & Puddle	Franklin	Little Bear	Maggie-Beast
	27	27	27	YTV	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Comfy Couch
	16	16	16	A&E	Cold Case Files (HDTV)		CSI: Miami (HDTV)		The First 48 (HDTV)			Falcon Beach
	70	70	70	APTN	News		Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out	Manhunters
	50	50	50	BET	106 & Park: BET's Top 10 Live				You Got Served ** (2004, Drama)	Marques Houston.		Caution: Nuts
	37	37	37	BRVO	Street Legal		Joe Armando Generation		At the Concert Hall		Straight Shooter: The Mamas & the	Baldwin Hills
family	25	25	25	CMT	Cross Canada Countdown				Home Improve.	Home Improve.	Reba	Papas
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas		Reba	Hope & Faith
	153	153	153	COURT	Killer Next Door		World's Wildest Police Videos		Cops Uncut	Dumb Criminal	The Simpsons	S. Silverman
	38	38	38	DISC	Canada's Worst Driver		Daily Planet (N)		How It's Made	Dumb Criminal	Killer Forensics	Police Videos
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	Pure Design	Style	Destroyed	Time Warp (N)
	46	46	46	HIST	Ultimate Engineering		NCIS "Grace Period"		Pure Design	Style	Sarah's House	Design Inc.
	17	17	17	MM	disBand	Technical Diff.	Degrassi: TNG	Instant Star	Gone Wild	Gone Wild	Ax Men	NCIS
	19	19	19	MMM	MusicProfile	mmmtop10.com		Where You At	Gone Wild	Gone Wild	disBand	Technical Diff.
	201	201	201	M1	(6:45) Next (2007, Science Fiction)			(8:25) All Hat (2007, Drama)			The Brave One ** (2007, Suspense)	Degrassi: TNG
	48	23	23	OLN	American Gladiators		Bounty Hunter	Bounty Hunter	Survivorman		Mantracker	
cable variety	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Next of Kin ** (1989, Crime Drama)	Patrick Swayze.		Bounty Hunter
	206	206	206	PIX	(6:45) The Final Cut (1995, Suspense)			Murray Maguire, M.E. (2001, Mystery)			Friday the 13th ** (1980, Horror)	Steve Harvey
	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)	
	39	39	39	SHOW	Wife Swap		The Outer Limits		Mutant X		Testees	Trailer Park
	40	40	40	SLICE	X-Weighted		Til Debt-Part	Rich Poor	Date My Ex: Jo & Slade		Rich Bride, Poor Bride	End of Leash
	47	47	47	SPACE	Stargate SG-1		Stargate Atlantis (DVS)		Lost		Star Trek: Voyager	Destin. Truth
	14	14	14	SPIKE	CSI: NY "Past Imperfect"		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		Real Vice	Real Vice
	57	98	98	STAR	etalk	Hollywood	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Look-A-Like	Off the Leash
	21	21	21	TLC	What Not to Wear		Flo & Kay: Twin Savants		Jon & Kate	Jon & Kate	17 Kids-Count	17 Kids-Count
	56	34	34	TROP	What Happen?	What Happen?	Planet Soap	Big Screen	Family Guy	Seinfeld	Seinfeld	Raymond
cable variety	20	20	20	TV5	Que.-champion	Journal de Fr2	Change	Caméra café	Les Bébé animaux		Maupassant	Maupassant
	28	28	28	V	Doc "All in the Family"		Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap	
	60	97	97	VIVA	Mysterious Ways		Judging Amy		Missing		Missing	
	22	22	22	W	Style by Jury	Style by Jury	Will & Grace	Friends	Extreme Celebrity Rehab (N)		Style by Jury	Style by Jury
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	90210 (HDTV) (N)		Privileged (HDTV) (N)	
												WGN News

critics' corner

The L Word
Should old acquaintances be forgot? Depends on whom you ask — and who they are. In this new episode, Bette and Tina's (Jennifer Beals, Laurel Holloman) future is threatened by the return of someone they used to know, while Helena's (Rachel Shelley) life is turned upside down when a former flame turns up. Tasha and Alice (Rose Rollins, Leisha Hailey) seek professional help in "Least Likely." 11 PM on SHOW

Wild Roses
This is a dilemma with a capital D for Will (Steve Byers). An unsavory client is trying to put the moves on Lucy (Sarah Power). Unfortunately, the McGregors desperately need this deal. Does Will stand up for Lucy against the lecher or make nice for the sake of the family business? Elsewhere, Maggie's (Kim Huffman) new relationship is heating up in the new episode "Secrets and Lies." 9 PM on CBC

Supernatural Investigator
This series plans to look into all sorts of paranormal matters, from the existence of Atlantis and the Antichrist to communicating with the dead. But in this new episode, host Robert J. Sawyer investigates one of the most intriguing questions: Is there life on other planets, and have extraterrestrials visited Earth? Don't look for a definite answer, though; the show's motto is "We investigate; you decide." 11:30 PM on V



Though her Harry Potter costar Daniel Radcliffe has bared all for work, Emma Watson is content to remain clean-cut. "I have no plans to do anything for the sake of it, or to shock people," she told the Mail on Sunday's Live magazine. **PEOPLE.COM**

Emma's cover-up

Celebrity Buzz

Simon says he's not gay — just busy

RUMOURS Simon Cowell is not gay, according to femalefirst.co.uk. The music mogul, who recently split from long-term girlfriend Terri Seymour, has laughed off rumours about his sexuality, saying he's single because he keeps "crazy hours."

"I am not gay. But in this business, if you were it wouldn't matter. It is not exactly unusual to be gay in the music business or the TV business," he says. "It is 2009, after all. So if you are, you are and if you are not, you are not."

But despite his insistence that he's straight, Cowell says he's "unlikely" to settle down. He said: "I don't think marriage would suit me or the person I would marry. I am happy single."

METRO NEWS SERVICES



Amy's parents get a say in her fortune

MONEY Amy Winehouse has turned over partial control of her \$21 million US fortune to her parents. The troubled singer, who is still hiding out in St. Lucia, is looking to curb her wild spending as much as her wild ways, according to the Sunday Mirror.

"Everyone is pleased because it means Amy is listening to good advice," a source tells the newspaper. "This stops her doing anything stupid."

METRO NEWS SERVICES



Teri didn't want to be a 'crazy single cat lady'

PETS Actress Teri Hatcher sleeps in the same bed as her dog, femalefirst.co.uk reports. The Desperate Housewives star recently gave an unwanted dog a new home, but admits his habits are hampering her sleep a little.

Hatcher explained: "I got a new dog. I got an American Bulldog named Jack I rescued. He's not a big shedder, but he does snore. I have to wear earplugs when he sleeps with me."

The actress, 44, whose daughter is 11-year-old Emerson Rose, already has two dogs, three cats, a rabbit, two birds and a horse at her house, and revealed she decided to get a new dog

rather than a cat so she didn't look "crazy."

She added to TV show Access Hollywood: "It was so funny. My daughter wanted me to get another cat. I said, 'Honey, we can't have four cats, then I'm like the crazy single lady with all the cats.'

And she goes, 'No, mom, that's five. Five is when you become the crazy single cat lady.'

METRO NEWS SERVICES



Madonna and Guy meet up in NYC

FAMILY MATTERS Madonna and Guy Ritchie have spent the weekend together in New York, femalefirst.co.uk reports. Ritchie met his ex-wife Madonna at the New York Kabbalah centre just a few days after the singer won custody of their children.

An onlooker said: "Guy was smiling and in good spirits. He still spends time with Madonna as a family." This was reportedly the second weekend in a row the estranged couple have met at the Kabbalah centre with their children: Rocco, eight, adopted son David, three, and Madonna's daughter Lourdes, 12.

Guy's father, John Ritchie, has recently said the couple is maintaining an ami-

cable relationship because of their children, but he is delighted Madonna is distracting herself with "lots of boyfriends."

The protective father, 79, said: "The worst thing would be if they rec-

onciled."

Meanwhile, the marriage of one Madonna's reported love interests, baseball star Alex Rodriguez, has officially ended.

Documents issued at a US county court stated his marriage to Cynthia was "irretrievably broken."

Rodriguez — known as A-Rod — split from his wife of five years in the summer, following reports the sportsman had been dashing out for visits to Madonna's New York apartment.

METRO NEWS SERVICES



Brawl brought family closer, says Nikki

DUST-UPS Six months after Nikki Blonsky and her family were involved in a highly publicized airport brawl with America's Next Top Model contestant Bianca Golden, the Hairspray actress says she and her family have emerged closer than ever, people.com reports.

"We are a very strong family, we love each other and nothing will ever tear us down," Blonsky told the magazine Saturday at the Silver Living Society Winter

Gala in N.Y.C. to benefit The Hope & Heroes Children's Cancer Fund.

"I don't even need to defend myself. It's pretty obvious that it was just a big scam."

Blonsky, 20, and Golden, 20, were cleared of all charges stemming from the July 30, 2008 incident, but Blonsky's father, Carl Golden, still faces charges in Turks and Caicos, where the incident took place. "He's a strong man. He is my hero because he

showed me that no matter what happens in life you can make it through," Blonsky says of her father.

But Blonsky, who recently guest starred on Ugly Betty and wrapped the film Waiting for Forever with Rachel Bilson and Blythe Danner, says the

incident has taught her a lesson: Be more cautious.

She says: "I never expected that somebody would try to use my fame to get themselves fame."

METRO NEWS SERVICES



Tori's all baby talk

PARENTING Tori Spelling may have had everyone abuzz about her post-baby figure at the Byron Tracey Salon opening on Jan. 29, but the mother of two was all baby talk, intouchweekly.com reports.

"Today she said 'Mama' for the first time," Spelling told In Touch, referring to eight-month-old daughter Stella. "We were in the living room and I heard, 'Mama,' and I was like, 'Oh my God! My heart melted.'"

The 35-year-old actress is also back to work on the set of 90210. "It's been really fun," Spelling said. "I was really nervous the first day, but halfway through I was

like, 'Wow, this feels... comfortable.'" But she admits there's been one hiccup. "I was the youngest in the cast and now I'm one of the oldest," she explained. "Jennie (Garth) told me not to say 'older.' We're supposed to say, 'One of the originals.'"

METRO NEWS SERVICES



Britney may cancel tour

CUSTODY Looks like Britney Spears may not be out on the road this summer after all. The singer is reportedly considering cancelling her tour if ex-husband Kevin Federline won't let her take her kids with her, according to TMZ.

Federline, Spears and her dad apparently worked out a deal whereby her boys would stay in Los Angeles, New Jersey or New Orleans while their mom toured nearby. And Federline was reportedly promised \$4,000

US a week for allowing it, but now his lawyers are telling him it's a bad idea. If he backs out and keeps the kids at home, it's likely Spears won't want to go on the road at all, according to the source.

METRO NEWS SERVICES



Men's nipples puzzle Scarlett

BIOLOGY Scarlett Johansson is fascinated by men's nipples, femalefirst.co.uk reports. The He's Just Not That Into You actress can't understand why boys still have them, adding the concept of male nipples completely baffles her.

She is quoted by the Chicago Sun Times newspaper as saying: "The one thing I don't understand about men is nipples. I don't know if there is one aspect of men that I don't understand other than why they have nipples."

"Honestly, why? I guess it

has something to do with the X chromosome.

"What is the function of the male nipple? Maybe we all start as androgynous creatures and then they become men?"

METRO NEWS SERVICES

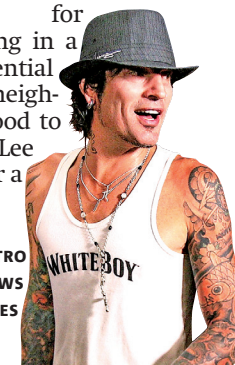


Tommy's pilot lands in trouble

BAD BEHAVIOUR Mötley Crüe drummer Tommy Lee got pulled over by the LAPD — while in a helicopter. Cops noticed Lee's vehicle flying erratically when it had a near-miss with a police chopper over Glendale, Calif., according to the National Enquirer. Lee was only in the co-pilot seat, but his pilot, David Martz, was reportedly found sharing a celebratory drink at a nearby bar after landing. And according to TMZ, this isn't

the first time Martz has gotten into trouble flying Lee around. He was cited in 2006 for landing in a residential L.A. neighborhood to pick Lee up for a concert.

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